



Dr. Daryn Bikey
Certified Specialist in Oral and Maxillofacial Surgery

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INSTRUCTIONS FOR PATIENTS BEFORE IV SEDATION APPOINTMENTS

1. **Please allow 2 business days' notice if any changes to your appointment are required to avoid a \$300 non-refundable rescheduling fee.** If you do not follow the instructions below you will not be able to have IV sedation for your surgery and you will incur a non-refundable rescheduling fee of **\$300**, which can not be used towards the cost of your surgery.
2. **STOP CONSUMING ALL FOOD 8 HOURS PRIOR TO SURGERY AND STOP CONSUMING ALL LIQUIDS 6 HOURS PRIOR TO SURGERY (EXCEPT FOR WATER THAT CAN BE CONSUMED UNTIL 2 HOURS PRIOR TO SURGERY).** Regular prescription medication can be taken, unless otherwise directed, with a small amount of water 2 hours prior to your appointment.
3. **YOU MUST ARRANGE FOR A RESPONSIBLE ADULT WHO CAN ACCOMPANY YOU TO AND FROM THE OFFICE. THEY ARE REQUIRED TO BE PRESENT AT CHECK IN AND REMAIN IN THE WAITING ROOM UNTIL YOU ARE DISCHARGED.** Public transit is not recommended. Patients are not able to leave the office without an escort in a taxi or bus.
4. **FOR PATIENTS 18 YEARS OLD OR YOUNGER, a responsible legal guardian must accompany you into the clinic to sign consent forms and remain in the waiting room until discharged.**
5. Do not consume alcohol, use recreational drugs or use marijuana 24 hours prior to your appointment.
6. Please arrive 20 minutes prior to your scheduled appointment.
7. Wear comfortable, loose-fitting clothing and a short sleeve shirt to allow for monitoring of blood pressure and placement of an IV. A dress or jumper is not recommended.
8. To help keep you comfortable during and after your procedure, please bring your own small blanket or throw to the appointment.
9. Please do not wear heavy make-up, nail polish, and jewelry to your appointment. At least 1 finger must be free of nail polish, acrylic or gel nails.
10. A responsible adult should stay with you for the remainder of the day after your surgery and it is recommended they stay with you during the night.
11. Following your sedation appointment, you must refrain from activities requiring mental concentration, such as driving or operating machinery for 24 hours.

12. **Following your sedation appointment, you should avoid consuming alcohol or use of recreational drugs for 24 hours.**
13. **If your health changes prior to your appointment, you develop flu-like symptoms, or you develop a respiratory illness, please contact the office prior to the day of your appointment. If in doubt, please phone the office to discuss the change in your health status.**
14. **Please do not take video recordings or photographs after surgery while in the office.**
15. **If you have any questions please call our office at 250-900-9232.**

PATIENTS THAT DO NOT FOLLOW THESE INSTRUCTIONS WILL NOT BE ABLE TO HAVE SEDATION