



Dr. Daryn Bikey
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INSTRUCTIONS FOR PATIENTS AFTER IV SEDATION APPOINTMENTS

It can take 24 hours for the full effects of the medications to wear off. Therefore, please follow these instructions carefully. If you experience pain at the IV site, uncontrolled nausea and vomiting, of any other issues, please contact our office immediately at 250-900-9232.

- 1. Discharge from office**
 - a. A responsible adult must accompany you home after being discharged.**
 - b. A responsible adult should stay with you for the remainder of the day and it is recommended they stay with you during the night.**
 - c. Public transit is not recommended.**
- 2. Resume your regular medications, unless otherwise directed by Dr. Bikey.**
- 3. Alcohol and recreational drugs**
 - a. Do not consume alcohol for 24 hours after your sedation or while you are taking prescription antibiotics or pain medication.**
 - b. Do not consume recreational drugs for 24 hours after your sedation or while you are taking prescription pain medication.**
- 4. Food and liquids**
 - a. It is best to wait until after the dental numbing has worn off before attempting to eat or drink.**
 - b. Start with clear liquids (water, apple juice, gatorade), after your sedation. Avoid hot liquids, cold or warm are best.**
 - c. Once tolerating clear liquids, you can advance to soft food.**
- 5. Activity**
 - a. You should refrain from activities requiring mental concentration, such as driving a vehicle of any kind or operating machinery for 24 hours, or longer if you experience persistent drowsiness.**
 - b. After returning home it is best to rest for the remainder of the day.**
- 6. Nausea**
 - a. The medications used during your sedation may cause you to feel nauseous or dizzy for 24 hours after your appointment. After 24 hours, nausea and vomiting will likely be due to narcotic pain medication or dehydration.**
 - b. If nausea is encountered, drink only clear liquids (water, apple juice, gatorade, ginger ale) and consider eating soft bread. Also, consider taking Gravol.**
 - c. If the nausea and vomiting becomes severe, contact the office at 250-900-9232 or if after hours contact Dr. Bikey at 250-880-8059.**
- 7. If you have an after-hours emergency, please contact Dr. Bikey directly at 250-880-8059.**